



COFEN brings loved ones closer,
once the **COUGH** is over.



Children



Adults

MAH-P04-00597

Providing SOLUTIONS to minor ailments
A leading supplier to Singapore hospitals, polyclinics & pharmacies

ICM PHARMA
Love Life. Stay Healthy.

Why do we cough ?

Coughing may not always be a symptom of an illness, but an important protective reflex by the body to clear the throat and airways of phlegm, mucous, foreign bodies or obstructions to facilitate normal breathing. However, excessive coughing may indicate an underlying disease or disorder. If in doubt, you should consult your doctor.

What causes coughing?

- Infections (viruses or bacteria that induce phlegm or mucous production in the upper part of the respiratory tract)
- Allergies
- Asthma
- Sudden changes in environmental temperature
- Smoking (including passive or 'second hand' smoke)
- Environmental pollutants, eg haze
- Disorders of the respiratory tract

There are two types of cough

Clinically, a cough can be classified as either a wet or a dry one.

A wet cough (or productive cough) is typified by the production of phlegm by the body in order to clear the throat and airways.

A dry cough (or unproductive cough) does not produce any phlegm but irritates the respiratory tract.

ICM Pharma COFEN relieves a wet cough.
Cofen contains guaifenesin, which helps to thin out and loosen the phlegm or mucous accumulated in the respiratory tract, so that it may be coughed up more easily.

COFEN is available in two strengths:

ICM Pharma COFEN 50 is specially formulated for children aged 2 years and above, and has a pleasant raspberry flavour.

ICM Pharma COFEN 100 is formulated for adults and is in a fruity orange flavour.



Both strengths do not cause drowsiness.

Available at all leading pharmacies and medical halls.

Who should not take Cofen 50 and Cofen 100:

- Pregnant women
- Breastfeeding mothers
- Children under the age of 2 years

Other cough mixtures under **ICM Pharma** include **DIPHEN & METOPHAN**.



For more information, consult your doctor, pharmacist or call 62965411 or email to: sales@icmpharma.com.sg

ICM PHARMA
Love Life. Stay Healthy.

Manufactured By: Integrated Contract Manufacturing Pte Ltd.
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没有 **0咳0救** 干扰，
让你与家人更亲密。

咳方 50



儿童配方

咳方 100



成人配方

提供有效
治疗方法
解决一般轻微病症

ICM是新加坡各大医院、综合诊所与药房提供药品的主要供应商之一。



Love Life, Stay Healthy.

为什么会咳嗽？

咳嗽并不一定是身体不适的症状，咳嗽本是身体重要的防御性反射，它有利于排出累积在喉咙及气管的痰，粘液，异物或障碍物，帮助恢复正常呼吸。然而严重的咳嗽可能是疾病或身体不适的显示。若您不能确定咳嗽的原因，请咨询医生。

什么原因会引起咳嗽？

- 感染（病毒或细菌可在上呼吸道处产生痰或粘液）
- 过敏反应
- 哮喘
- 环境温度的突然改变
- 吸烟（包括被动吸烟或称吸“二手”烟）
- 环境污染，例如烟雾
- 呼吸道不适

咳嗽有两种类型

医学上，咳嗽可分为带痰咳嗽或干咳。

带痰咳嗽是身体为了清除喉咙及气管的痰液而产生的咳嗽。

干咳（或称无痰咳嗽）并不生痰但会刺激呼吸道。

ICM Pharma **咳方50** 及 **咳方100** 可缓解带痰咳嗽。咳方含有愈创木酚甘油醚（guaifenesin），它能使累积在呼吸道的痰或粘液变稀薄并降低粘稠度，更易于咳出。

咳方 有两种浓度

ICM Pharma **咳方50** 是专为2岁或以上的小孩而配方，含有合意的覆盆子味道。

ICM Pharma **咳方100** 是成人配方，含橙汁味。



咳方50 和 **咳方100** 都不会产生昏睡。

所有主要药房和中药店均有出售。

哪些人不应服用 **咳方50** 及 **咳方100**

- 孕妇
- 哺乳期妇女
- 2岁以下的小孩

其他属于ICM Pharma 的咳嗽药水包括 **DIPHEN** 及 **METOPHAN**。



欲知更多详情，请咨询您的医生，药剂师或联系以下电话：62965411，或电邮：sales@icmpharma.com.sg



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